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|  |  |  |
| **Sport** | **1st Official Practice** | **1st Regular Season** | **Last Regular Season** |
| **Cross Country** | 29-July | 19-Aug | 26-Oct |
| **Football** | 29-July | 23-Aug | 1-Nov |
| **Golf** | 29-July | 19-Aug | 26-Oct |
| **Swimming** | 29-July | 28-Aug | 19-Oct |
| **Girls Volleyball** | 29-July | 19-Aug | 10-Oct |
| **Bowling G/B** | 29-July | 19-Aug | 19-Oct |
|  |  |  |  |
| **Sport** | **1st Official Practice** | **1st Regular Season** | **Last Regular Season** |
| **Girls Basketball** | 28-Oct | 18-Nov | 1-Feb |
| **Boys Basketball** | 28-Oct | 18-Nov | 1-Feb |
| **Wrestling (B)**  **Wrestling (G)** | 11-Nov  4-Nov | 2-Dec  25-Nov | 10-Jan  10-Jan |
| **Soccer B/G** | 14-Oct | 4-Nov | 18-Jan |
|  |  |  |  |
| **Sport** | **1st Official Practice** | **1st Regular Season** | **Last Regular Season** |
| **Baseball** | TBD | TBD | TBD |
| **Flag Football** | TBD | TBD | TBD |
| **Lacrosse B/G** | TBD | TBD | TBD |
| **Softball** | TBD | TBD | TBD |
| **Tennis** | TBD | TBD | TBD |
| **Track** | TBD | TBD | TBD |
| **Boys Volleyball** | TBD | TBD | TBD |
| **Water polo** | TBD | TBD | TBD |